



Wet 'n Wild

Dive into summer swimming! It's hot and your kids and you want to get wet and cool off. So...where's the best place to go, the place to cool off and the place to relax on those icky sticky days? The pool!





Andrea Franeer says,

“My kids are having so much fun!

The instructors are

WONDERFUL!”

3 Parent/Tot
Beginning Preschool
Advanced Preschool

4 Level 1
Level 2
Level 3
Level 4
Level 5

5 Jr. Lifeguard
Lap Swim
Water Aerobics
Swim Team

6 Water Polo
Junior
Water Polo
Boys/Girls
Diving Instruction



swim lessons

Group swimming lessons at either the Fairfield or Armijo High School Pools include eight lessons, Monday - Thursday for two weeks and Saturday/Sunday classes are four weeks.

Classes are not rescheduled for inclement weather and unexpected closures. For additional registration information, call **428.7714**.

Parent/Tot

Parents learn about basic water safety and kids learn water adjustment, new skills and have fun! Emphasis is on placing face in the water, breath control, kicking, blowing bubbles and creating a positive water experience.

Beginning Preschool

The same skills as in the parent/tot class are introduced by an instructor in a class setting. Students may transfer to advanced preschool with no additional fees when they are comfortable and ready to start learning to swim.

Advanced Preschool

Emphasis is on retrieving underwater objects, front float, front crawl and introduction to back float.

Lupita Sherby says,

“My kids learn to swim and

SOCIALIZE.”

Level 1

Introduction to Water Skills ~ Minnow

Beginning skills are introduced in a class setting. Emphasis on placing face in the water, breath-control, kicking, blowing bubbles, floating and creating a positive water experience.

Level 2

Primary Skills ~ Sea Horse

Emphasis is on float recovery, back glide, rolling over, arm and leg movement and underwater swimming. This is our most popular swim lesson and generally requires two or more sessions to master the skills to move to Level 3.



Level 3

Stroke Readiness ~ Jellyfish

Emphasis is on side and rotary breathing, front and back glide, front and back crawl

Level 4

Stroke Improvement ~ Frog

Emphasis is on open turns, kicking skills and improving all swimming strokes.

Level 5

Stroke Refinement ~ Alligator

Emphasis is on diving, flip turns, survival swimming and endurance. Multiple lessons are encouraged.

swim classes

Jr. Lifeguard

Designed for kids ages 11-15 that are too young to be a lifeguard but want to learn the basics and experience what lifeguarding is all about. The class includes instruction and opportunities to participate and observe the lifeguarding staff. Successful participants are considered for future employment with the Aquatics Program.



Lap Swim

Add swimming and great exercise to your daily routine! For ages 16 and up.

Water Aerobics

Low impact water exercise is a great way to feel good, stay in shape and meet new friends. Workouts vary from shallow to deep water. Arrive early to drop-in the day of class. For ages 16 and up.

Swim Team

Improvement your stroke, endurance and have fun! Competitive skills include starts and turns, pace setting and interval training. For ages 6-17.



Water Polo – Junior

Learn the basics of water polo including rules, skills, techniques, and strategies. Start preparing yourself for competitive play or just have fun and learn a new sport. For ages 6-14 with Intermediate to advanced swimming skills.

Water Polo – Boys/Girls

Join one of the fastest growing sports in the USA. Intermediate to advanced swimming skills are required. Develop your playing skills and prepare yourself for high school and tournament competition. Tournament participation optional and may require additional fees. For ages 12-18. Call **428.7726** for more information.

Diving Instruction

Basic diving is taught from the deck first and progresses to the diving board. This class includes some swimming and conditioning.



Mahshid Toufan says,

“The instructors are awesome and super patient with the kids.

There is always a

LIFEGUARD ON DUTY.”



Weekend Swim!

Family Swim and Pizza Party

Enjoy an evening of swimming, pizza and family fun!

Fridays: June 19, July 10, July 24 & August 7

5:30 - 8:00 p.m.
(Dinner at 7pm)

Family of 4/\$22
Each additional person/\$7

Swim Lessons

Watch your kids progress to become safe and strong swimmers.

Saturday & Sunday,
June 14 – July 12
July 18 – August 9
(Various times available.)

Open Swim

Bring the family 1:00-5:00 p.m. Daily, June 15 - August 31. Open July 4th

Ages 3-7 \$2.50
Ages 8+ \$4.00
Under 3 FREE

Party at the Pool!

Private Parties

Cool out and host your friends and family for a private pool party. All amenities available - shaded picnic area, locker room, lifeguards.

Friday, Saturday & Sunday
June 20 - August 8
5:30 - 7:30 p.m.
\$314 + refundable deposit

Children's Birthday Parties

Let the kids splash and play for their birthday celebration. You provide the party food. Use of facility is not exclusive. Guests can stay for recreation swim from 1:00-5:00 p.m. Use the shaded tent area from 1:00 - 3:00 p.m. or 3:00 - 5:00 p.m. \$87-\$108 Purchase on EZREG

